



Introduction to DKJ Sensei

For Judokas

Introduction

DKJ Sensei is a mobile application specifically designed for judo clubs to help track judoka progress, fees and shiai results.

Key Features

- Includes detailed images, descriptions and videos of every judo technique. Images, descriptions and videos are as described by the Kodokan.
- Available for both iOS (Apple) and Android devices
- Responsive design - meaning it works on various device sizes in both portrait and landscape modes
- Works in online or offline mode
- Simple and consistent user interface, including help pages for every page
- Simplified login for regular judoka
- All password data and personal information is encrypted to minimize security risks

DKJ Sensei is designed for two different types of users:

- Club Administrators: any designated club administrators and/or club senseis.
- Judokas (non-administrators): all judoka in the club, including administrators and senseis.

This document describes the use of DKJ Sensei for regular judoka within the club. A separate document 'Introduction to DKJ Sensei - for Senseis' is available for Club Administrators and Senseis.

Features and Benefits

Key Features

- View your own progress
- Record your shiai results
- View fees due
- View Club notices

Benefits

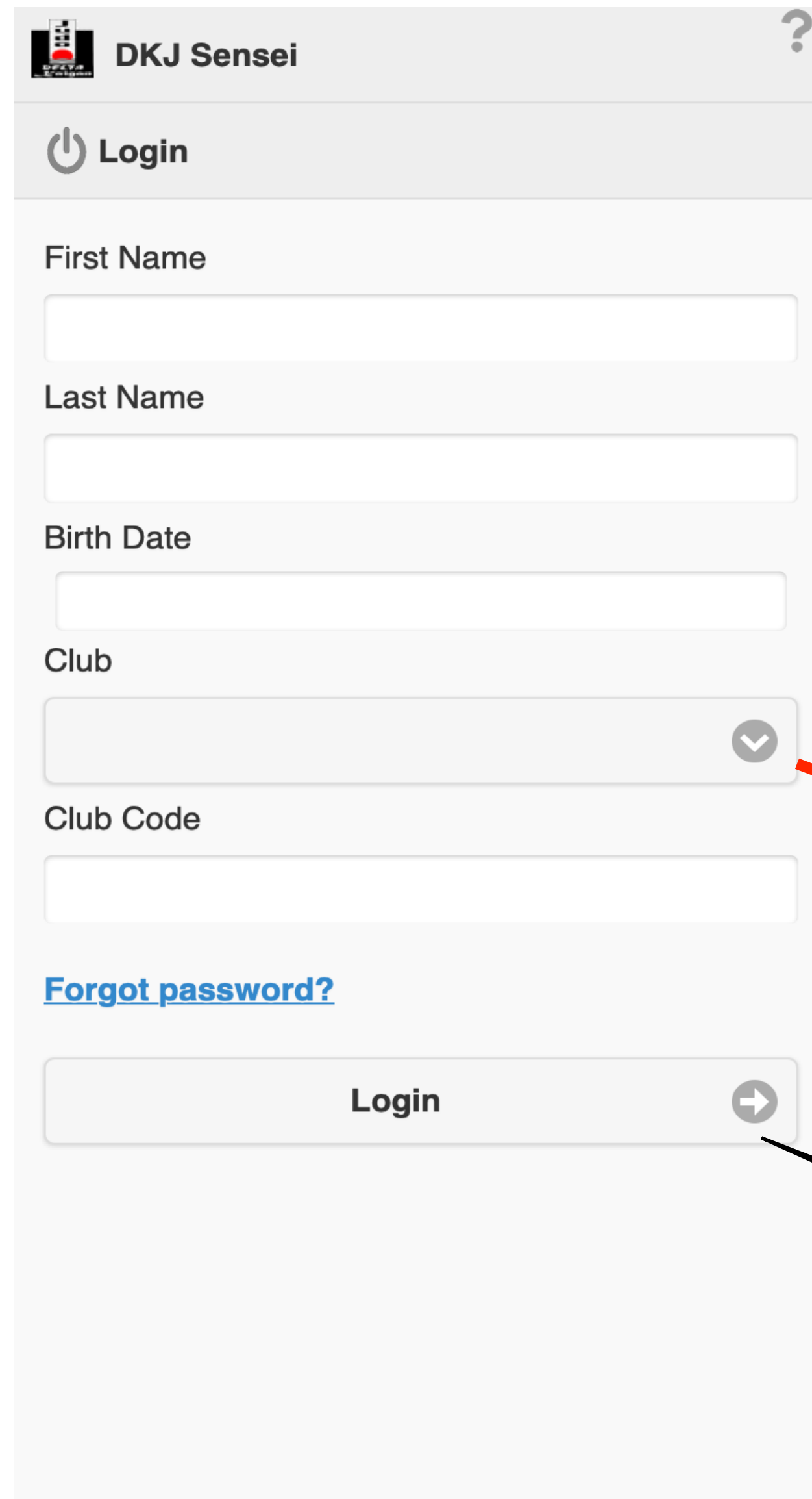
- Minimize sensei questions regarding your belt and technique status
- View your fees due
- Improve your understanding of all techniques with the included images, descriptions and videos
- Record your own shiai results

Login Page

When launching DKJ Sensei for the first time, all users see the Login Page. Once you have logged in once you will not need to login again (as long as you don't explicitly logout).

Login instructions:

- Enter your first name, last name and birthdate into the appropriate boxes
- Pick your club from the Club drop-down. If your club is not listed, your club has not registered with the DKJ Sensei team. In that case please talk to your head sensei or club administrator.
- For Club Code, enter the code provided to you by your head sensei or club administrator.
- Click the Login button to Login.



DKJ Sensei ?

Login

First Name

Last Name

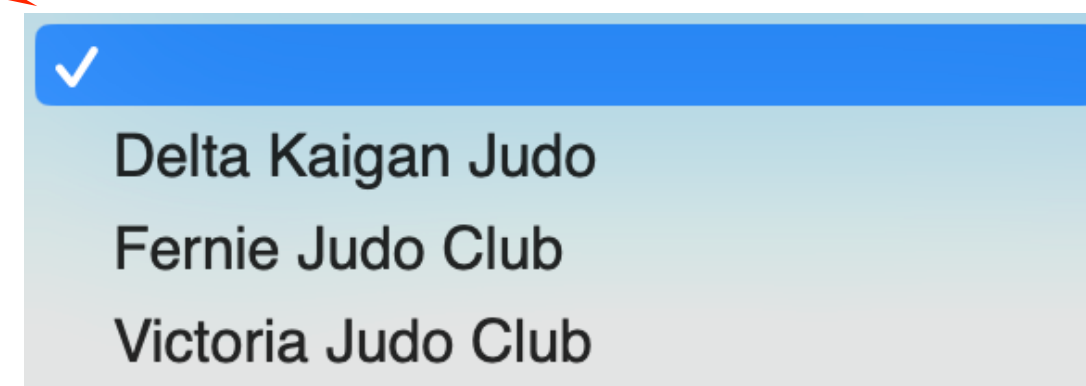
Birth Date

Club

Club Code

[Forgot password?](#)

Login



Functions:

- **Login:** Login to DKJ Sensei
- **Forgot Password:** Click here if you forgot your password. If you are a registered user you will be emailed a 'Reset Password' link.

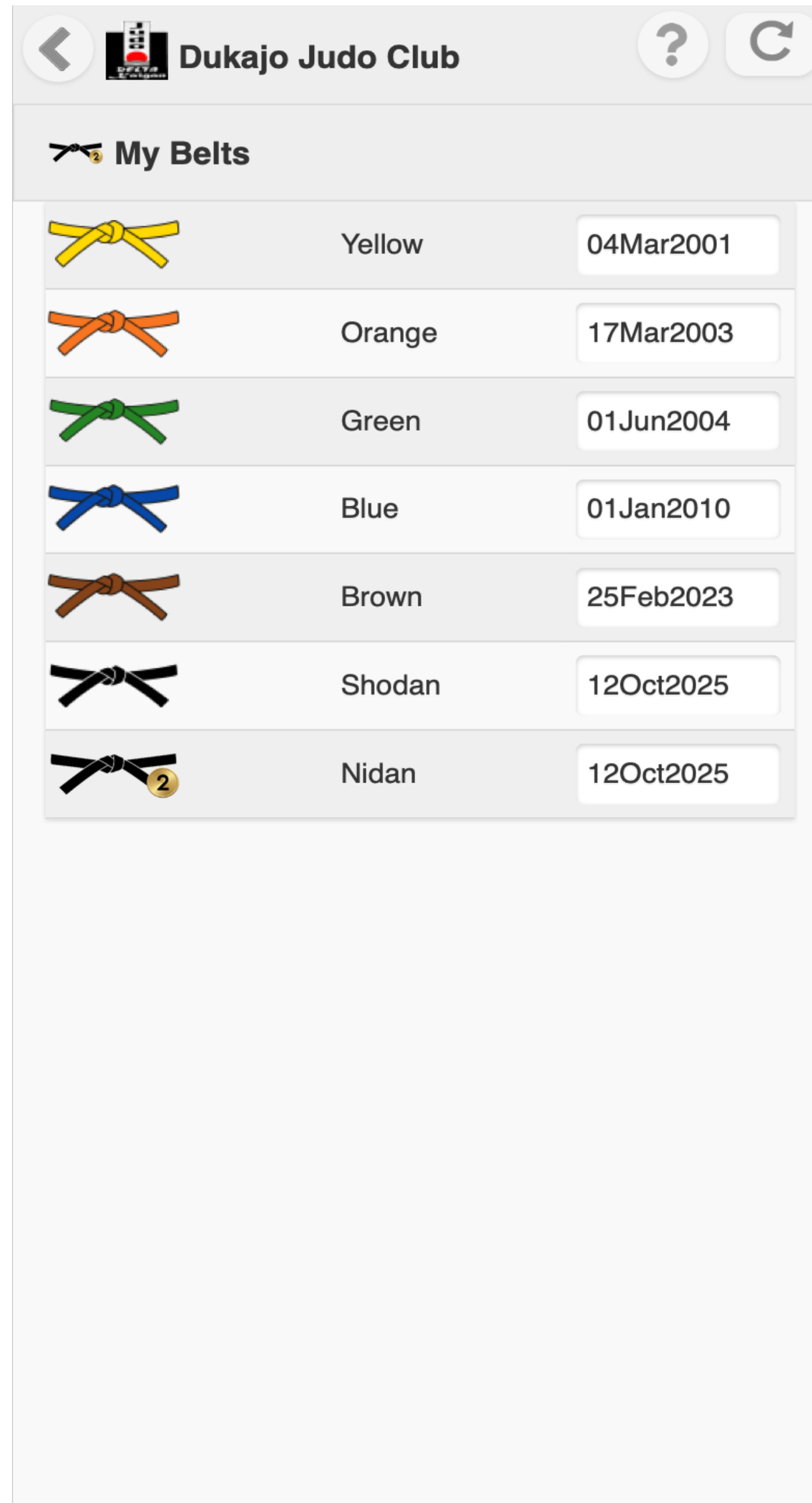
Judoka Profile (Home) Page

The screenshot shows the user interface of the DKJ Sensei app. At the top, there is a title bar with the club logo and name "Dukajo Judo Club", and navigation icons for help, refresh, and power. Below this is a "Profile" header with a user icon and a Wi-Fi signal icon. The main content area features a circular profile picture of Joe Duka, his name "Joe Duka", and a blue badge indicating "Adult (Veteran)". Below the profile information is a vertical list of four menu items: "My Belts" with a belt icon and a yellow badge with the number 2, "My Next Belts" with a belt icon and a yellow badge with the number 3, "My Results" with a trophy icon, and "Fees & Payments" with a dollar sign icon. At the bottom, there is a news section titled "Thursday, January 8th, 2026" with a small image and text: "Judo starting up for 2022 season! First day of judo will be Monday January 17, 2022".

When first logging into DKJ Sensei, all judoka see their Profile Page.

- The My Belts, My Next Belts, My Results and Fees & Payments buttons are described later in this document.
- Bottom section is a scrolling news reel showing news relevant to the club.
- Every page in DKJ Sensei follows the same theme:
 - The first row of the title bar shows the club logo and club name (setup in Club Administration Page)
 - Help button. Clicking this button pops up a window describing current page.
 - Refresh page button.
 - If there is a little red dot in upper right-hand corner then sensei has sent a note. Clicking on the dot will display the note and remove the red dot.
 - Logout button
 - The second row shows:
 - Page Name
 - Connected status (connected or not connected to internet)
- The remainder of this document describes all the functions for the DKJ Sensei app when logged in as a regular judoka. ⚙️

My Belts/My Next Belts



Belt Color	Belt Name	Sign-off Date
Yellow	Yellow	04Mar2001
Orange	Orange	17Mar2003
Green	Green	01Jun2004
Blue	Blue	01Jan2010
Brown	Brown	25Feb2023
Black	Shodan	12Oct2025
Black	Nidan	12Oct2025

Functions:

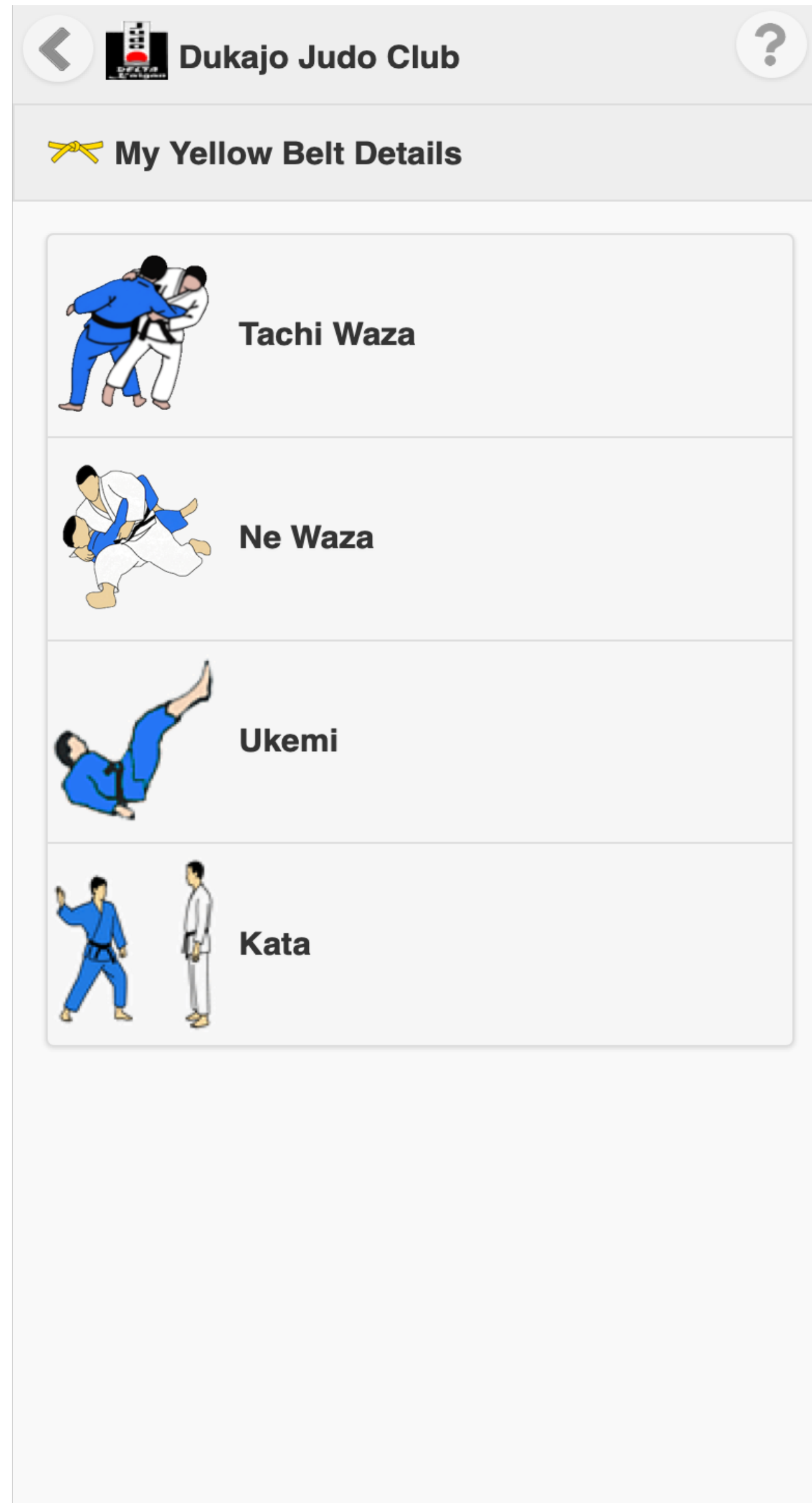
- Back: Return to previous page
- Help: Open help page
- Refresh: Refresh page

List of your belts

- If belt has been signed-off by sensei the sign-off date appears next to the belt

Clicking on a belt opens a page showing details of that belt.

My Belt Details



Functions:

- Back: Return to previous page
- Help: Open help page

Details for your Yellow Belt

- If kata is required for this belt (as defined in club syllabus) kata button will be displayed as shown in this screen shot.














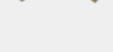


Clicking on Tachi Waza, Ne Waza, Ukemi or Kata buttons opens the next set of pages.

My Tachi Waza

Dukajo Judo Club

My Tachi Waza

Find tachi waza...

Throw	Name	Belt	OK	Comment
	De Ashi Harai		<input checked="" type="checkbox"/>	Nice work!
	Ippon seoi nage		<input checked="" type="checkbox"/>	Great job!
	Kouchi makikomi		<input checked="" type="checkbox"/>	
	Kosoto gake		<input type="checkbox"/>	
	O goshi		<input checked="" type="checkbox"/>	
	Osoto gari		<input type="checkbox"/>	
	Osoto otoshi		<input checked="" type="checkbox"/>	
	Ouchi gari		<input checked="" type="checkbox"/>	


Functions:


- Back: Return to previous page
- Help: Open help page
- Refresh: Refresh page

List of the tachi waza techniques (throws) required for my 1st kyu and lower belts according to club syllabus.

- If OK checked then technique has been signed-off
- Clicking on a column header sorts by that column
- Clicking on a technique opens a page showing details of that technique

My De Ashi Harai


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 My De Ashi Harai

De Ashi Harai Front Foot Sweep

Signed off by Joe on 25Feb2023

Nice work!

DE-ASHI HARAI 



In this technique, you force your opponent to step forward, then sweep his advancing foot out from under him. Timing is crucial in this and other throwing techniques. Your opponent must be just on the verge of placing his foot and most of his weight on the mat. This timing is applicable to sweeping the back foot as well. It is also important that you curve your left foot enough to catch his foot well below the ankle.

Functions:

- Back: Return to previous page
- Help: Open help page
- Refresh: Refresh page

Details of my De Ashi Harai technique

- If technique has been signed-off the date and sensei name will be displayed
- In this page sensei may have recorded notes ('more kuzushi', 'well done', etc)
- Sensei may have flagged this technique as the next technique to be worked on
- Clicking on the technique will play a short Kodokan video demonstrating the technique. This feature is available only if online as indicated by the red camera icon.



My Ne Waza

Control	Name	Belt	OK	Comment
	Kesa gatame		<input checked="" type="checkbox"/>	<input type="text"/>
	Kuzure kesa gatame		<input checked="" type="checkbox"/>	<input type="text"/>
	Yoko shiho gatame		<input checked="" type="checkbox"/>	<input type="text"/>
	Kami shiho gatame		<input checked="" type="checkbox"/>	<input type="text"/>
	Kata gatame		<input checked="" type="checkbox"/>	<input type="text"/>
	Mune gatame		<input checked="" type="checkbox"/>	<input type="text"/>
	Kuzure kami shiho gatame		<input checked="" type="checkbox"/>	<input type="text"/>
	Nami juji		<input checked="" type="checkbox"/>	<input type="text"/>


Functions:

- Back: Return to previous page
- Help: Display help page
- Refresh: Refresh page

List of ne waza techniques (holddowns) required for my 1st kyu and lower belts according to club syllabus.

- If OK checked then technique has been signed-off
- Clicking on a column header sorts by that column
- Clicking on a technique opens a page showing details of that technique

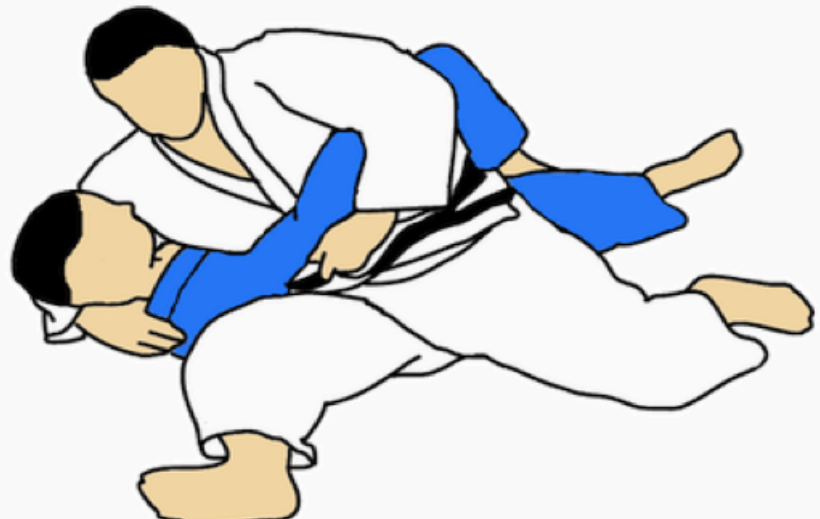
My Kesa Gatame

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My Kesa gatame

Kesa gatame Scarf hold

Signed off by Joe on 04Mar2023



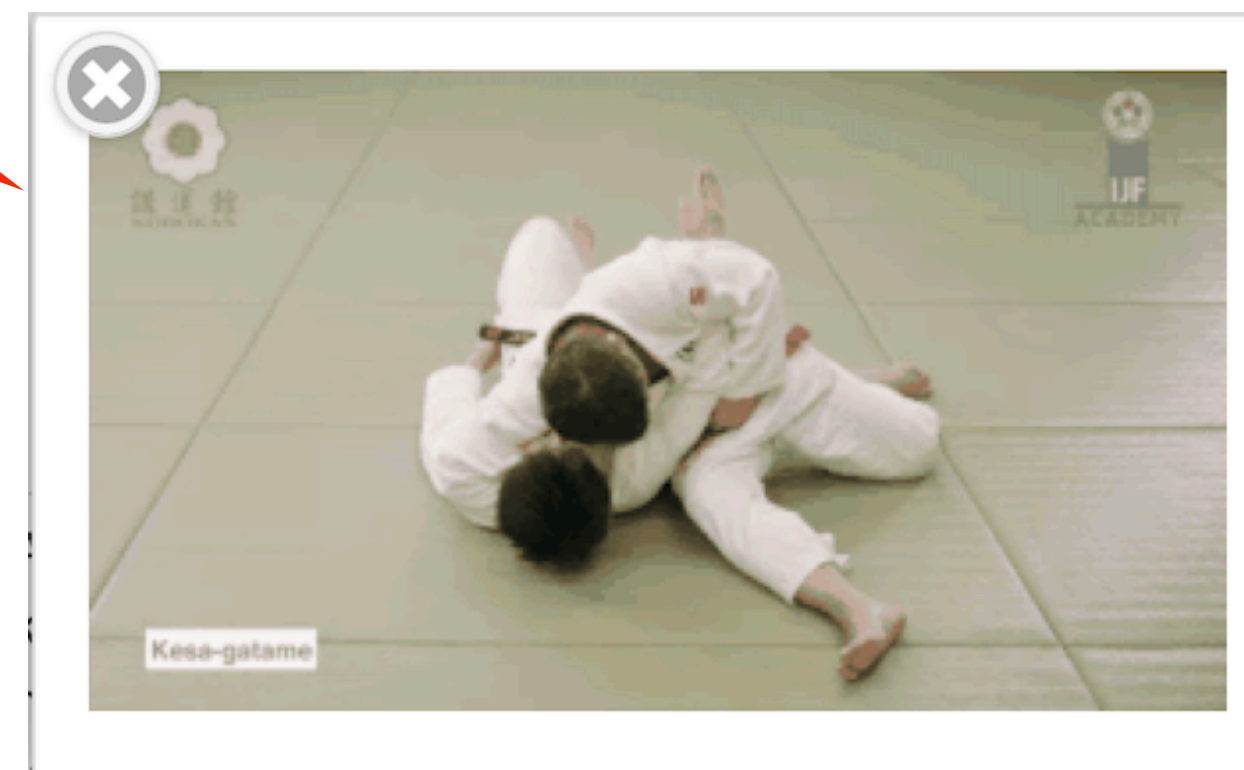
Approaching your opponent from his right side and keeping your own body half turned to your left, you take his judogi at the right armpit in your left hand and put your right arm around his neck like a scarf, gripping his judogi at his left shoulder. Be sure to keep your right hip and waist tight against your opponent's upper chest and armpit. Hold his right arm in your left armpit, close to your side.

Functions:

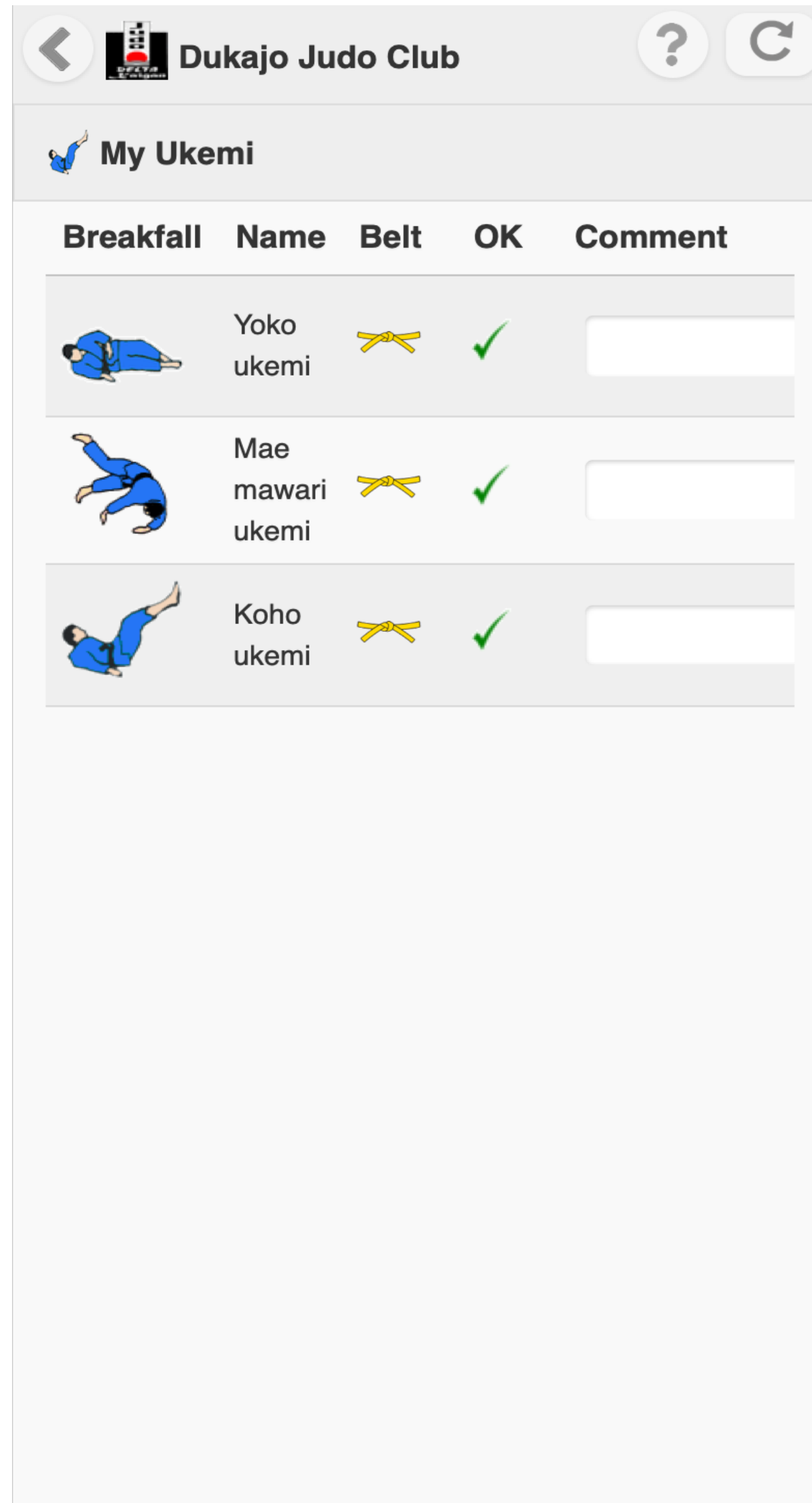
- Back: Return to previous page
- Help: Display help page
- Refresh: Refresh page










Details of my Kesa Gatame technique

- If technique has been signed-off the date and sensei name will be displayed
- In this page sensei may have recorded notes ('more kuzushi', 'well done', etc)
- Sensei can also flag a technique as the next technique to be worked on
- Clicking on the technique will play a short Kodokan video demonstrating the technique. This feature is available only if online as indicated by the red camera icon.



My Ukemi



Breakfall	Name	Belt	OK	Comment
	Yoko ukemi			<input type="text"/>
	Mae mawari ukemi			<input type="text"/>
	Koho ukemi			<input type="text"/>


Functions:


- Back: Return to previous page
- Help: Open help page
- Refresh: Refresh page

List of ukemi (breakfalls) for my 1st kyu and all lower belts according to club syllabus.

- If OK checked then technique has been signed-off
- Clicking on a column header sorts by that column
- Clicking on a technique opens a page showing details of that technique


My Koho Ukemi

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 My Koho ukemi

Koho ukemi Backward breakfall

Signed off by Joe on 04Mar2023



From a standing position. Stand naturally, with your feet close together. Put your arms out in front of you. Fall backward by lowering your hips. Tuck in your chin, curve your back, and slap hard with both hands and arms, letting your legs go up in the air.

Functions:











- Back: Return to previous page
- Help: Open help page
- Refresh: Refresh page

Details of my Koho Ukemi technique

- If technique has been signed-off the date and sensei name will be displayed
- In this page sensei may have recorded notes ('more kuzushi', 'well done', etc)
- Sensei may have also flagged this technique as the next technique to be worked on
- Clicking on the technique will play a short Kodokan video demonstrating the technique. This feature is available only if online as indicated by the red camera icon.



My Katas

Kata	Name	Belt	OK	Comment
	Nage No Kata - 1st set		<input checked="" type="checkbox"/>	<input type="text"/>
	Nage No Kata - 2nd set		<input checked="" type="checkbox"/>	<input type="text"/>
	Nage No Kata - First 3 sets		<input type="checkbox"/>	<input type="text"/>
	Nage No Kata - All 5 sets		<input type="checkbox"/>	<input type="text"/>
	Nage No Kata - All 5 sets		<input type="checkbox"/>	<input type="text"/>


Functions:


- Back: Return to previous page
- Help: Open help page
- Refresh: Refresh page

List of katas for my 1st kyu and all lower belts according to club syllabus.

- If OK checked then technique has been signed-off
- Clicking on a column header sorts by that column
- Clicking on a technique opens a page showing details of that technique





My Nage No Kata - 1st set

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 My Nage No Kata - 1st set

Nage No Kata - 1st set 1st set - Te Waza (tori and uke)

Signed off by Joe on
25Feb2023

 UKI OTOSHI  SEOI NAGE  KATA GURUMA 

Nage no Kata is the first of the two Randori no Kata. It consists of fifteen techniques. To begin the kata, you (tori) and your partner (uke) stand facing each other at a distance of about 5.5 meters. You should be on the right as seen from the joseki. Both turn toward the joseki and perform a standing bow, then turn and face each other and do a kneeling bow. The meaning of joseki is 'seat of honor'. This side of the dojo is also designated as shomen, 'front'. The first 3 techniques (hand techniques, or Te Waza) are Uki Otoshi, Ippon Seoi Nage and Kata Guruma.

Functions:

- Back: Return to previous page
- Help: Open help page
- Refresh: Refresh page

Details of my Nage No Kata - 1st set

- If technique has been signed-off the date and sensei name will be displayed
- In this page sensei may have recorded notes ('more kuzushi', 'well done', etc)
- Sensei may have also flagged this technique as the next technique to be worked on
- Clicking on the technique will play a short Kodokan video demonstrating the technique. This feature is available only if online as indicated by the red camera icon.



My Shiai Results



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Joe's Results

Date	Event Type	Opponent	Category	Technique	For/Against	Result	Win/Loss	Notes
28Nov2025	Randori		Kata	Ju No Kata - 1st set	For	Decision	Loss	
27Nov2025	Other		Throw	Hiza guruma	Against	Decision	Loss	
26Nov2025	Randori		Kata	Ju No Kata - 1st set	Against	Decision	Loss	
25Nov2025	Randori	Me	Kata	Ju No Kata - 1st set	For	Decision	Loss	
24Nov2025	Randori	Lulu	Kata	Nage No Kata - 1st set	Against	Decision	Loss	

Functions:

- Back: Return to previous page
- Help: Open help page
- Refresh: Refresh page
- Add: Add new result
- Export: Export results

This page is used to maintain my shiai results. Click on result line to edit/delete a result.

My Fees & Payments



Dukajo Judo Club

Joe's Fees & Payments

Judo Year: **Adult**

Due: \$40.00

Item	Due	Type	Paid	Date	Balance	Conf	Note
Jan-Mar	40.00		0.00		40.00		
Total Monthly	40.00		0.00		40.00		
Total	40.00		0.00		40.00		

Functions:

- **Back:** Return to previous page
- **Help:** Open help page
- **Refresh:** Refresh page
- **Print:** Print a receipt

My fees and payments for selected judo year

- Top of page shows Balance Due.